

Alpha Gamma Rho & Sigma Alpha Leadership Seminars

## LEAD A LEGACY

## FRIDAY SCHEDULE

12:00 - 1:30 PM Registration

Salon ABC Foyer Ballroom Foyer North Assembly Foyer

1:30 - 2:20 PM Defining a Legacy - Opening Session

Salon ABC Mt. Evans & Elbert North 1

2:30 - 3:30 PM Advisers & Alumni Session

Independence Mt. Evans & Elbert North 1

**Breakout Session I** 

Confronting Critical Conversations - Mitchell

Salon D Mt. Powell North 1

Fearless Foundations - Meri Grace

Salon E Mt. Sopris Cavalier A

Pulling Your Weight - Landry

lowa/Kansas Amphitheater Cavalier B
Cultivating a Mindset for a Lasting Impact - Katie

Arkansas/Illinois Sierras Cavalier C

3:45- 4:45 PM Breakout Session II

Confronting Critical Conversations - Mitchell

Salon D Mt. Powell North 1

Fearless Foundations - Meri Grace

Salon E Mt. Sopris Cavalier A

Pulling Your Weight - Landry

Iowa/Kansas Amphitheater Cavalier B
Cultivating a Mindset for a Lasting Impact - Katie

Arkansas/Illinois Sierras Cavalier C

5:00- 6:00 PM AGR & Sigma Alpha Special Sessions I

AGR: Salon ABC Mt. Evans & Elbert North 1

SA: Salon DE Amphitheater Cavalier A

6:15- 7:15 PM Dinner

Pavillion Colorado North 2-3

7:20-8:20 PM Life's Curveballs

Salon ABC Mt. Evans & Elbert North 1

## FRIDAY SCHEDULE **Session Descriptions**

## Defining Legacy: Leade Today, Shape Tomorrow

Legacy isn't just what we leave behind, it's what we actively build with every decision and action we take. In this session, we'll explore what it takes to lead with intention and purpose. Through reflection and discussion, you'll gain the clarity to define the legacy you're already shaping and the impact you want to have on those around you.

## **Breakout Sessions**

## Confronting Difficult Conversations - Mitchell

The most important moments in our lives are often dictated by our ability to initiate and steer difficult conversations. We will cover strategies on how to effectively handle these conversations to produce a lasting impact on your legacy.

#### Fearless Foundations: Mastering the Skill of Courage - Meri Grace

Courage is not just an innate trait but a skill that can be developed through intentional practice. Explore the key components of courage and gain practical strategies to strengthen your confidence in challenging situations. Discover how to embrace boldness and unlock your potential as a fearless leader.

Pulling Your Weight: Creating Influence Through Servant Leadership - Landry In any organization, Greek, corporate, or otherwise, a very small percentage of the members will do the majority of the work. We'll go over the difference between producers and users in an organization, and how you can find you niche as a producer, advancing you, and your chapter's legacy.

#### Cultivating a Mindset for a Lasting Impact - Katie

Explore how a growth mindset fuels personal and organizational growth, empowering leaders to take responsibility for their actions while developing themselves and those around them. We'll dive into strategies for fostering resilience, embracing challenges and cultivating a legacy that drives positive change.

## **AGR & Sigma Alpha Special Sessions**

Learn more about your respective organization's programs, policies and initiatives. Use this opportunity to engage with and network with members of AGR or Sigma Alpha in two dedicated member-only sessions on Friday and Saturday.

(AGR and Sigma Alpha Sessions will be held separately)

## Life's Curveballs

As you continue to define your legacy, there will be many obstacles and challenges to overcome. In this session, we will discuss how flexibility, the ability to adapt, and the willingness to accept change can shape the legacy that you are building.

## LEAD A LEGACY

## SATURDAY SCHEDULE

8:00- 9:00 AM Breakfast

Pavillion Colorado North 2-3

9:15 - 10:45 PM AGR & Sigma Alpha Special Sessions II

AGR: Salon ABC Mt. Evans & Elbert North 1

SA: Salon DE Amphitheater Cavalier A

11:00 AM- 12:45 PM Awards Luncheon

Presentation of AGR Grand President's Award and

Sigma Alpha's Spirit of Ruth Award

Pavillion Colorado North 2-3

1:00- 2:00 PM Breakout Sessions III

Taking Ownership of Your Legacy - Mitchell

Salon D Mt. Powell North 1

Harnessing Vision & Motivation for

Leadership Success - Meri Grace
Salon E Mt. Sopris Cavalier A

Steering the Ship - Landry

Iowa/Kansas Amphitheater Cavalier B

**Branding Your Legacy - Katie** 

Arkansas/Illinois Hermitage F Cavalier C

2:05- 3:05 PM Breakout Session IV

Taking Ownership of Your Legacy - Mitchell

Salon D Mt. Powell North 1

Harnessing Vision & Motivation for

Leadership Success - Meri Grace
Salon E Mt. Sopris Cavalier A

Steering The Ship - Landry

Iowa/Kansas Amphitheate Cavalier B

Branding You<mark>r Legacy - Katie</mark>

Arkansas/Illinois Sierras Cavalier C

3:15 - 4:15 PM Carrying Your Legacy Forward

Action Planning & Closing Session

Salon ABC Mt. Evans & Flbert North 1

# SATURDAY SCHEDULE Session Descriptions

## **Breakout Sessions**

#### Taking Ownership of Your Legacy - Mitchell

People tend to fall into the path of least resistence and blame other people or circumstances for obstructing them from reaching their desired outcomes. In this session, we will learn strategies of how to lead with humility and how to take ownership of your shortfalls.

# Harnessing Vision & Motivation for Leadership Success - Meri Grace A clear vision combined with effective motivation is essential for successful leadership. Gain practical tools to align vision with action and harness

motivation to inspire others toward achieving shared goals.

# Steering the Ship: How to Create Positive Change in the Face ot Turnover - Landry A greek organization is brand new every 5 years, the lofty goals and radical change you set as freshmen are often forgotten by the time your littles cross the stage. Learn how to break that barrier through personal influence and institutional changes.

#### Branding Your Legacy: Crafting a Personal Identity - Katie

A clear vision combined with effective motivation is essential for successful leadership. Gain practical tools to align vision with action and harness motivation to inspire others toward achieving shared goals.

## **Carrying Your Legacy Forward**

You've gained valuable tools and strategies for building a lasting legacy, but the journey doesn't end here. This session will guide you in reflecting on what you've learned, developing a plan for long-term impact, and navigating the steps to make your vision a reality. Leave equipped to lead with purpose, inspire others, and carry your legacy forward – building a brighter future for yourself, your chapter, and beyond.